

## RANGER SECOND CLASS CERTIFICATION

NAME (Last, First MI)	Grade	CAPID
Squadron	Charter	Phone number

### ADMINISTRATIVE

- ? current CAPF 101 - General ES card expires \_\_\_\_\_
- ? CAPF 101T for GTM
- ? Ranger Third Class
- ? Achievement 3 for cadets – Senior member listing of specialty track on STR
- ? Complete Ranger Second Class Training Record

### PRACTICAL

- ? WOODSMANSHIP Demonstrate safe use and care of:
  - ? Folding Knife ? Sheath Knife ? Hatchet or Axe ? Machete ? Folding shovel
  - ? Build a safe personal fire using knife, locally gathered wood, and two matches.

<u>SIGNATURE</u>	<u>DATE</u>

- ? HEALTH AND MEDICAL Discuss the recognition, treatment, and prevention of:
  - ? Heat Exhaustion ? Heat Stroke ? Immersion Foot ? Sunburn
  - ? Burns ? Frostbite ? Insect Bite ? Dehydration ? Blisters
  - ? Hypothermia ? Poisonous & Non-poisonous Snake Bites ? Hyperventilation
  - ? Describe field sanitation and... ? garbage disposal procedure.

- ? KNOTS Demonstrate use of:
  - ? Square knot ? Sheetbend ? Water knot ? Bowline
  - ? Two half-hitches ? Figure eight loop ? Double Fisherman's Bend
  - ? Clove hitch at end and middle ? Wrap 3, Pull 2 ? Swiss seat
  - ? Chest harness ? Rope Inspection ? Coil rope

- ? EQUIPMENT Show personal Day Gear and all Extended Equipment.

- ? MOBILITY Complete at least a 5 mile hike with Day Gear and Extended Equipment  
Inability to achieve completion will require **Restrictions** on CAPF 101 GTM

- ? NAVIGATION
  - ? Demonstrate familiarity with open and lensatic compass
  - ? shoot multiple azimuths
  - ? follow an azimuth using pace counting to estimate distance traveled.
  - ? Identify 8 out of 10 map symbols chosen by the tester.

- ? PHYSICAL Complete the fitness test in BDU (shirt optional, boots required)
  - ? One pull-up ? 10 push ups ? 15 Squat thrusts in one minute
  - ? 1/2 mile run in 5 minutes or less
 Inability to achieve completion of fitness test will require **Restrictions** on CAPF 101 GTM

- ? EVACUATION ? Demonstrate patient packaging
  - ? Demonstrate safe lifting and lowering of stretcher

- ? SHELTER Set up tent or shelter, stay overnight. Describe all weather bedding requirements.

I certify this Civil Air Patrol member has completed all requirements for Ranger Second Class.

SQUADRON COMMANDER SIGNATURE	DATE
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MEMBER SIGNATURE	DATE
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