

Aircrew Survival Course Packing List 3 Day Course

PUT YOUR LAST NAME ON ALL ITEMS - Consider a large backpack, duffel bag, a large heavy duty plastic container, or a footlocker with a padlock

Uniforms - Folded and waterproof packed

- ___ BDU shirt and pants, insignia and or Flight Suite (CAPM 39-1)
- ___ Uniform boots - (1 pair may be hiking boots with good insoles, they are permitted for ftx)
- ___ Wallet with VALID CAP MEMBERSHIP CARD and Photo I.D. card
- ___ Money
- ___ Swiss type army or pocket knife
- ___ Small orienteering or lensatic type compass on lanyard
- ___ Orange safety vest
- ___ Eating Utensils - Plastic works best
- ___ Pencils and pens, and a small notebook in zip lock bag
- ___ Glasses? - have a strap for them too - don't bring contacts
- ___ Medications? - in pharmacy container w/name, dosage and physician (inhalers, bee sting kits, etc.)
- ___ Pain relievers and over the counter medications must be in their original containers

Other Clothing items - waterproof packed - zip lock bags are good – with your name on everything

- ___ Socks and underwear
- ___ T-shirts brown, green, or olive drab ONLY! **Do Not** Bring black or orange T-shirts, these are to be worn by our staff only!
- ___ Wool, polypropylene or fleece sweater, sweat shirt, or jacket - Military preferable

Personal Hygiene items - waterproof and packed in a shower bag. Last name on everything

- ___ Bath towel & wash cloth
- ___ Personal hygiene supplies including shampoo, deodorant, brush, foot powder etc.
- ___ Box of moist towelettes or baby wipes

Day Gear - waterproof packed - last name on everything

- ___ Rugged day pack
- ___ Snack food
- ___ 2 canteens, (or 1 canteen and 1 hydration system)
- ___ Ponchos (or rain suit)
- ___ Leather work gloves
- ___ 2 pr. Latex or nitrile examination gloves
- ___ Eye protection (goggles or safety glasses)
- ___ Personal 1st aid kit: (a small one, about 2" x 3") Band-Aids, gauze pads, tape, first aid cream, moleskin, cough drops, personal medication, alcohol preps, waterless soap.
- ___ Flashlight and spare batteries & bulbs
- ___ Insect repellent (DEET is effective on ticks)
- ___ Sunscreen
- ___ Handkerchief
- ___ Duct tape
- ___ Camera (Optional)

Field Equipment - waterproof packed - last name on everything

- ___ Sleeping bag - in waterproof, brushproof bag
- ___ Optional extra field jacket with liner or other cold weather jacket
- ___ Extra flashlight or headlamp, 2 sets extra batteries, extra bulb
- ___ Garbage bags

Tent- If you own your own tent you may bring a tent. Recommended size for tents is 2 to 4-man, but a 5 to 6-man is acceptable. If you do not own a tent you can use one of the schools tents.

Food

- ___ snacks (2 per day) i.e.: granola bars, beef jerky, nuts, dried fruit hard candies, trail mix, cereals, and crackers.
- ___ Juices, Gatorade mix.

Food will be provided with your course; however you might consider bringing snacks. Snacks, Soda, Juice will be available at the BX nominal cost.

If you have a survival Kit for your plane we suggest you bring it along, if possible.

Make sure you Pick Orange or bright colors for Search & Rescue equipment. Some items are available for purchase at the school. Check our BX page <http://capranger.org/hawkbx.html>.

If you need to ship your food and any other equipment prior to the school, it can be shipped via UPS or FedEx Service to:

Hawk Mountain Ranger School
Attn: Your Name and CAPID #
218 Pine Swamp Road
Kempton, PA 19529

****NOTE**** You must advise the shipping company you are using that your packages must be delivered between 9 – 11 July 2015. No one will be available to sign for your packages before 9 July. We can only accept packages. We have no means of shipping equipment back after the School. You will need to take all of your equipment home with you at the end of the school.